

## Twelve Steps To Transformation

1. We come to realize that without God's grace we are powerless and our lives are unmanageable. Rom 1:1-7 (See the need for transformation) Luke 18:13
2. We come to believe that only God's grace can enable us to respond to the invitation of the gospel to relationship with God. Rom 1:16-17
3. We offer our bodies a living and holy sacrifice. Rom 12:1-2
4. We make a searching, honest and fearless moral inventory of ourselves. (areas/arrogance) Rom 2:9-10; 2 Cor 13:5; 1 Cor 11:28-32
5. We admit to ourselves, to God and to another trustworthy person the exact nature of our wrongs and fully own them. Gal 6:1-3; James 5:13-16; 1 John 1:5-10
6. Through the living and holy sacrifice we come to recognize the sinful side of our personality, our mixed motivations and self-serving tendencies, and are entirely ready to let God heal them. Rom 7:7-25 (remember the Tree of the knowledge of good and evil)
7. We humbly accept God's divine healing because "peace" has been established. Rom 5:1-5; 1 Peter 2:21-25; Psa 37:4-6; 51:1-4; Ps 51:1-4
8. Recognizing the harm we have done to ourselves and others, we are willing to make amends to all we have offended. Rom 8:28-29; 2 Cor 5:16-21
9. We make direct amends where possible, except when to do so would injure others. Rom 15:1-6; 1 Cor 13:4-8a
10. Each day we become more aware of our self-serving tendencies and more prompt in letting go of their influence. Phil 2:3-4; Rom 13:8-10 Gal 2:19-20
11. Through perseverance we seek to improve our conscious contact with God, to be healed of the unconscious obstacles to our transformation, and more and more to know God's will for us and the power to carry it out. Rom 13:11-14; Phil 3:7-11
12. Having awakened to an abiding sense of union with God, we feel called to manifest their fruits in our family, workplace, and in all our associations, and to bring the message of the good news to others. Rom 15:14-21; Eph 5:15-33